

Sacred Heart International School

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ELIXIR

The flow of magical writing



**April
2024**

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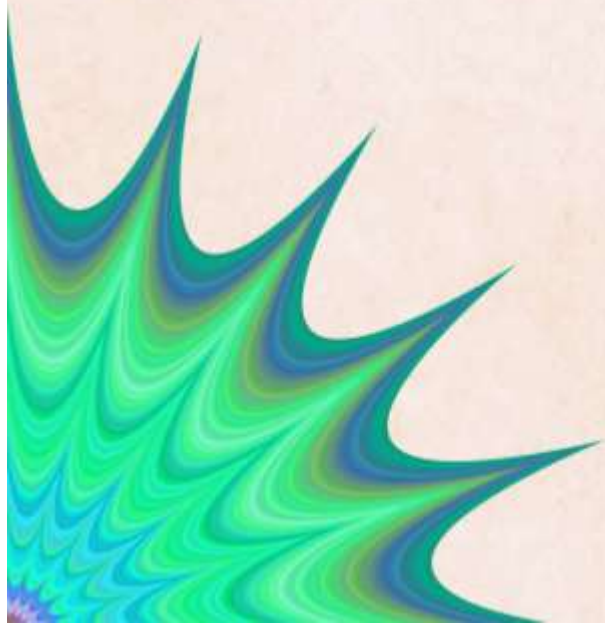
Editorial



With you, Dear children

I am reborn and the bard in me got rebirth
Watching your passion towards reading
I got enthusiasm to learn and write new things too
With your energy, with your fervor, my heart grew powerful
From a teacher to a compassionate learner....
From a compassionate learner to a zealous reader....
From a zealous reader to a voracious writer
Like you, I too adore articles and writings of various people
With you we will start a new journey,
Let's unleash all the unexplored views of you
And together

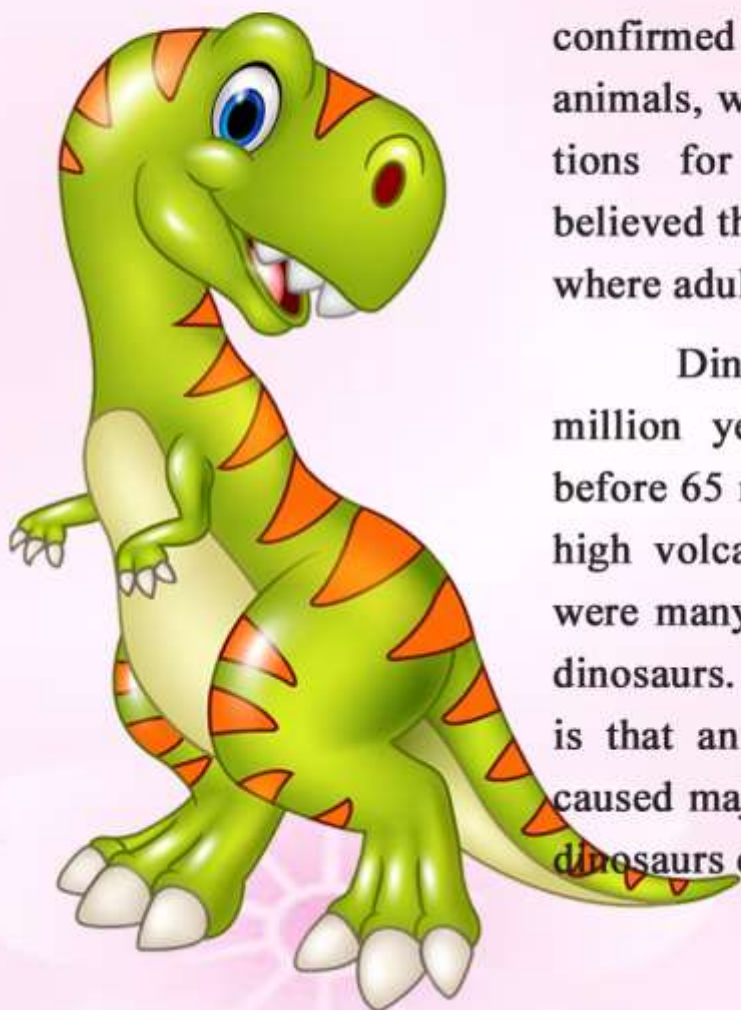
LET US WRITE, DRAW AND ACTUATE EVERYONE TO
READ.



Shabeela.S.Ikbal
Department of English

Dinosaurs

Dinosaurs were the dominant terrestrial vertebrates for over 160 million years from the late Triassic period (about 230 million years ago) until the end of the Cretaceous period (about 65 million years ago). They were one of the several kinds of prehistoric reptiles that lived during the age of reptiles. These fascinating group of reptiles were of different sizes and types. Some walk on two legs, some walked on four and some could do both. Some walked so fast like velociraptor and some walked slowly like arkylosaurus. These dinosaurs developed from the reptiles who emerged on the dry land from the swampy waters which covered the earth. There were tiny and giant dinosaurs. The largest dinosaurs were over 100 feet long and upto 50 feet tall and the smallest dinosaurs were about size of chicken.



The research conducted in the 1970s confirmed that the dinosaurs were active animals, who could make numerous adaptations for social interactions. Scientists believed that some of them lived in families where adults took care of the young.

Dinosaurs lived in the earth over 160 million years. Dinosaurs were destroyed before 65 million years ago in the period of high volcanic and tectonic activity. There were many theories about the extinction of dinosaurs. The most widely accepted theory is that an asteroid crashed into the earth caused major climatic changes to which the dinosaurs could not adapt.

*R. Yathitia Bruce
X-Ruby*

Hard Work is the Key to Success

What is Hard work?

Hard work refers to the consistent and dedicated effort put into achieving a goal.

Hard work requires investing

- time
- energy and
- resources

Thomas Alva Edison said,

“Genius is one percent inspiration and ninety-nine percent perspiration.”

It means only by consistent hard work we can turn up to be a genius.

Our former President, Dr. A. P. J. Abdul Kalam said,

“If you want to shine like a sun, first burn like a sun.”

The four mantras shared by Dr. A. P. J. Abdul Kalam to achieve success are:

1. Have a great aim in life.
2. Continuously acquire knowledge.
3. Hard work.
4. Perseverance.

While you move forward to achieve your goals, problems may come your way. But problems should never become the captain, you should become the captain. Defeat the problems and succeed.

"There are no secrets to success. It is the result of preparation, hard work, and learning from failure." - Colin Powell

Children, you may not be able to reap fruits of success within a short period of time.

Robert Collier stated,

“Success is the sum of all efforts – repeated day in and day out.”

Dear children, even if you come across failure while thriving for success, do not lose your hope and enthusiasm.

Success consists of going from failure to failure without loss of enthusiasm.

Successful men and women keep moving. They make mistakes, but they don't quit.

The first secret of success is believing in yourself.

Always remember...

*You are braver than you believe,
Stronger than you seem and,
Smarter than you think.*

So, my dear students,

Believe in yourself.

Work hard day and night.

Never quit, even if failure comes your way.



*Ms. Sherlin
Comp. Dept.*

Money changes the people around you

Poem

Money shifts the world around,
Changing faces, sights and sounds
Friends once close, now drift away,
Drawn by riches, day by day.
Loyalties tested, bonds strained,
As fortunes shift, priorities rearranged.
Money changes people near and far,
Leaving echoes of who we once are.



Jeevin B.S
XI-NM

Animal Facts

1. Sharks are only able to move forward and they die if they swim backwards.
2. Pandas love to be alone.
3. Unicorn is the official national animal of Scotland.
4. Horses are capable of seeing nearly 360 degrees at one time.
5. Kangaroos can't walk backwards.
6. Elephants are the only animal that can't jump.

Jenishya. J
XI-NM



Magical Objects In Harry Potter

Invisibility Cloak:

The cloak of invisibility is an item that prevents the wearer from being seen. If the characters in Harry Potter wear the invisibility cloak then no one can see them as they become invisible.

Time Turner:

It is an object that looks like a clock pendant and can be worn as a pendant. You can use this to travel long time back.

Pensive:

It is a magical device in Harry Potter where Dumbledore and many other wizards /witches collect their memory and store it in this.

Sorting Hat:

It is a magical hat in Harry Potter which sorts you into different houses. The sorting hat sorts you into any one of the four houses in Harry Potter based on the character, knowledge bravery, attitude, etc of the characters.

The mirror of Erised:

The mirror of Erised is a magical mirror, which shows the deepest, most desperate desire of our hearts. It is one of the most touching objects of the Harry Potter series. In his first year, Harry goes near the Mirror of Erised and he sees himself with his parents, who died when he was a baby. So, this mirror shows our desires when we look into it, but others can't see it.

May 2 International Harry Potter Day.



*Neeraja Rajesh
IX-Ruby*

Your Best

If you always try your best,
Then you will never have to wonder-
about what you could have done.
If you'd summoned all your thunder,
And if your best Was not as good-
as you hoped it would be,
you still could say,
"I gave today
All that I had in me".



R Reshiya Julie

Health benefits of Apple and facts about Apple

- i) Apple sauce is considered as a royal food in Sweden.
- ii) Apple contains vitamins which fight against Cancer, Heart attack, stroke, etc.
- iii) In olden days apple was given only to kings and royal members.
- iv) Apple is the most famous fruit in the world.
- v) It has high medicinal value that prevent it from getting poisoned easily.
- vi) Apple is rich in fibre and anti-oxidents.



*Naveen J Jebesh
X Jade*

Benefits of playing volleyball

Physical Fitness:

It is a great way to improve cardiovascular health, agility and overall physical fitness.

Teamwork Skills:

Volleyball requires coordination and communication among the team members, fostering valuable teamwork skills.

Hand-Eye Coordination:

The fast paced nature of the game enhances hand-eye coordination, reflexes and spatial awareness.

Social Interaction:

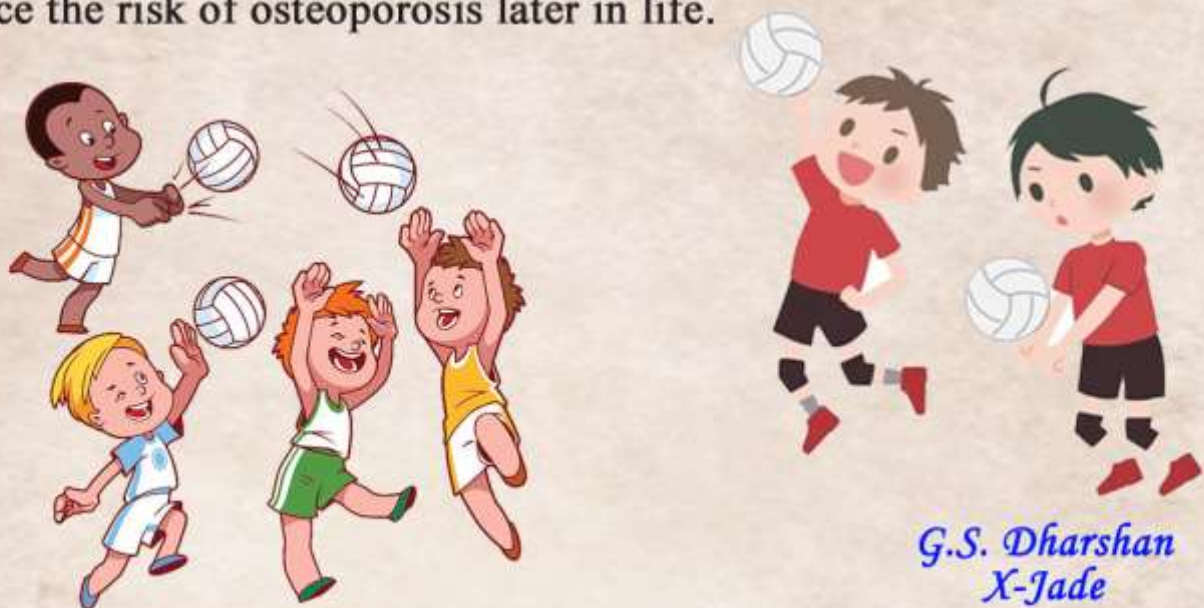
Being part of volleyball team provides opportunities for social interaction, making new friends and building sportsmanship.

M Focus:

Volleyball requires quick thinking strategy and concentration which can enhance mental focus and agility.

Improve Bone Health:

Regular participation in volleyball can help strengthen bones and reduce the risk of osteoporosis later in life.



*G.S. Dharshan
X-Jade*

Mood Thunder and Rain



Oh! These thunders and rain
Never have they come in my life when
I have wanted them to come
But they came on times they weren't
Supposed to come.

But, at times they calm our minds
and then they make us tensed too
The mood is all that matters,
A sip of hot tea for relaxation
a missed online meeting for increasing
our stress levels.

They make us the main character of a
horror story when we are alone,
They also make us a character of a
feel-good movie when we are with the
people we love

How crazy our mood makes us!
But, one thing is for sure
The relationship everyone shares with
these thunder and rain is
a love - hate relationship
Oh! My thunder and rain ...



*R.S Melfhia Annelet
X-Ruby*

Threat of AI on future generations



Do you think AI technology is over powering the world? Don't you think that we are in verge of vagrance? AI is the most beautiful invention of human beings which is sure to rule our nation in no time.

AI technology is growing rapidly. In current situation AI features like chat GPT is popular among the students. It helps them to write various programmes . Also we have supernova, an AI application that helps us to improve our speaking skills. Other famous AI applications include Dulingo and Co-Pilot.

These AI applications helps humans to separate karaoke and voice of a song to book tickets, hotel rooms etc. Even though this AI applications are very useful it is a very big threat to future generations. Don't you think our future generations will suffer because of vagrance if AI starts its contribution in all fields?

BEWARE FRIENDS, BE SMART!

*Anlino S.A Winstan
X-Ruby*

Music is my friend

When I hear music, I feel at home.

It's like a warm hug that never let me go

The beat and melody make me feel alive

It's a language that everyone can understand and thrive.

Music brings back memories, both happy and sad

It's like a photo album in my head

It helps me through tough times

And makes me feel better

It's a special friend who is always for me, forever

Music is like a bridge that connects us all

We can all relate to it, no matter how small

So let's enjoy the rhythm and the sound

Music is my friend, and it's always around.



*Kezia A
IX-Sapphire*

A verse of wisdom

School Days



In halls of learning, where minds ignite,
Amidst the desks and fluorescent light,
There lies a place of knowledge and lore,
Where students gather, eager for more.

In classrooms filled with chalk and slate.
We gather round to contemplate,
The mysteries of science, history's tale,
And the wonders of literature's sail

From algebra's equations to Shakespeare's verse
We navigate the universe
Of learning, growing, seeking to find,
The boundless treasures of the mind

In school's embrace, we find our place,
A sanctuary in time and space,
Where friendship bloom and dreams take flight,
In the hallowed halls of learning's might

So let us cherish this sacred ground,
Where wisdom's seeds are sown and found,
For in the school's embrace, we see,
The promise of what we can be.

*C.S Beniel Yadid
X-Ruby*

ஒரு மனிதனும் ஒரு பூனையும்



ஒரு நாள், ஒரு நபர் சாலையில் நடந்து சென்று கொண்டு இருந்தபோது, ஒரு புதரில் பூனை ஒன்று மாட்டிக்கொண்டு விடுபட வழியில்லாமல் தவித்துக் கொண்டிருந்தது. புதரில் மாட்டிக்கொண்ட பூனை, மிரண்டு போயிருந்தது. அதன் நிலையைக் கண்ட அந்த நபர் அதற்கு உதவ முற்பட்டார். புதரில் மாட்டியிருந்த பூனையை வெளியே கொண்டு வர முயற்சிக்கையில் பூனை தனது கரம் கொண்டு அந்த நபரை கீறி, காயத்தை ஏற்படுத்தியது. அந்த நபர் ஒவ்வொரு முறை அதைத் தொட்டு விடுவிக்க முயற்சிக்கையிலும், அப்பூனை அவ்வாறு கீறுவதை தொடர்ந்தது. சாலையில் சென்று கொண்டிருந்த மற்றொரு நபர், இதைப் பார்த்துவிட்டு, பூனைக்கு உதவ முயலும் நபரிடம், 'அப்பூனையை அப்படியே விட்டு விடுங்கள்; வீணாக நீங்கள் ஏன் காயம் அடைகின்றீர்? அதுதானாகவே வெளியே வந்துவிடும்; என்று அறிவுரைக் கூறினார். ஆனால் பூனைக்கு உதவிக்கொண்டிருந்த நபர், அவர் கூறியதை காதிலேயே வாங்காமல், பூனையை விடுவிக்க முனைந்தார்.

பின்னர் அந்த நபரிடம், 'பூனை ஒரு மிருகம், அதனால் அது அதன் தன்மையை வெளிப்படுத்துகிறது. நானோ ஒரு மனிதன். ஆகவே, நான் எனது மனிதத்தன்மையை வெளிப்படுத்திக் கொண்டிருக்கிறேன் 'என்று கூறி பூனையை விடுவித்தார்.

நீதி : உன்னைப்போல் பிறரையும் நேசி! உனக்கான குறிக்கோள் மற்றும் கொள்கைகளை நீயே வகுத்து, அதன்படி நடக்க முயல்வாயாக! பிறரின் தேவையற்ற அறிவுரையைச் செவிமடுக்காது இருப்பாயாக.

ஜோஷிகா
6-புஷ்பராகம்

வாழ்க்கையிலே



வருவதும் போவதும்
வந்தால் போகாதது
போனால் வராதது
தானாக வருவது
உடன் வருவது
அடக்க முடியாதது
தவிர்க்க முடியாதது
பிரிக்க முடியாதது
இழிவானது
எளிதானது
அழிக்க முடியாதது
திரும்ப வராதது

- இன்பமும் துன்பமும்
- புகழும் பழியும்
- மானமும் உயிரும்
- இளமையும் முதுமையும்
- பாவமும் புண்ணியமும்
- ஆசையும் துக்கமும்
- பசியும் தாகமும்
- பந்தமும் பாசமும்
- பொறாமையும் கோபமும்
- அறிவுரையும் ஆனந்தமும்
- கலையும் அறிவும்
- நேரமும் வாழ்வும்

சியோனா பில்ஷா சோனா
6-து பி

There's no such thing as failure.

Believe it or not:

Henry Ford forgot to put the reverse gear in the first car he made. Do you consider him a failure?

NO RAIN



NO FLOWER



Inspiring thought:

• Speak when you are angry and you will make the best speech you'll ever regret.

- Ambrose Bierce

Think of the damage

'I lost my temper, but it's all over in a minute'. Said a student.

'So is the hydrogen bomb', I replied
'But think of the damage it produces...'

NO - LIMITS PERSON



Name: D. Deona
Munshi

Grade: 8 JADE



Inventions that didn't succeed:

The waterproof towel, glow in dark sunglasses, a book on how to read, a dictionary index, waterproof tea bags



*Aancy Blesslin Nice S.I
VI-Jade*

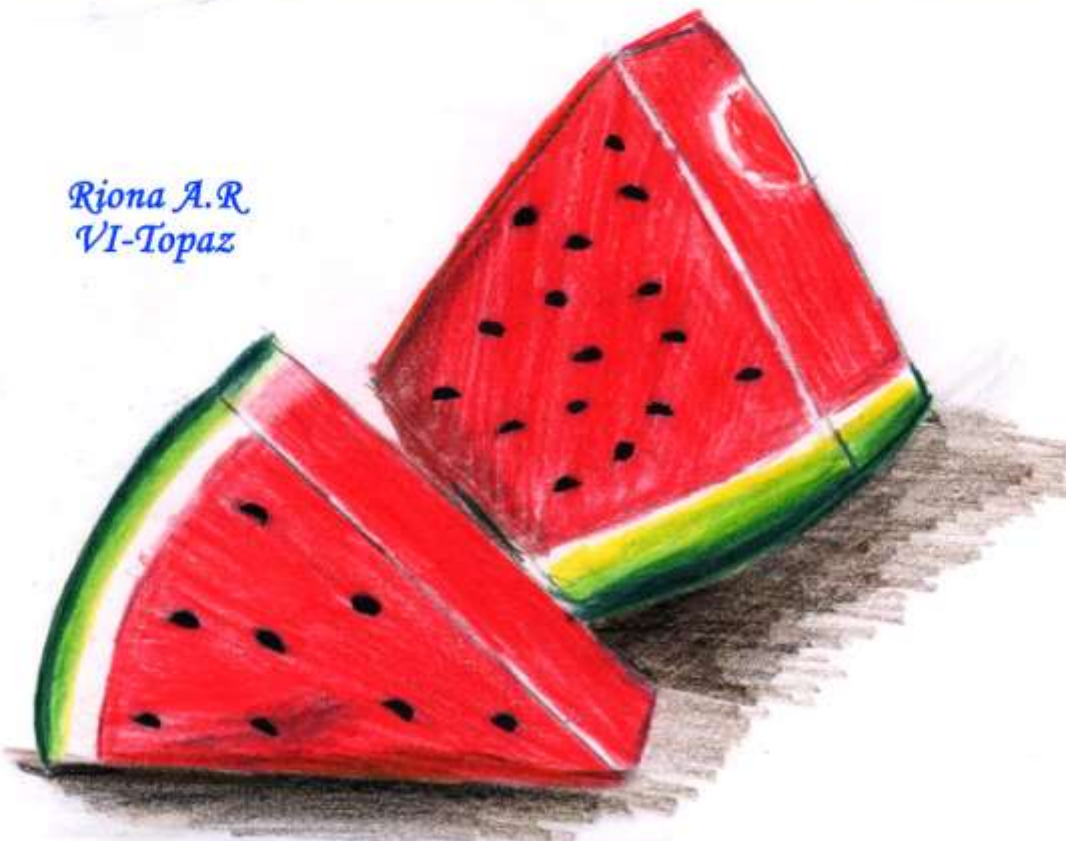


*Bufalin Eifo. B
VI-Sapphire*

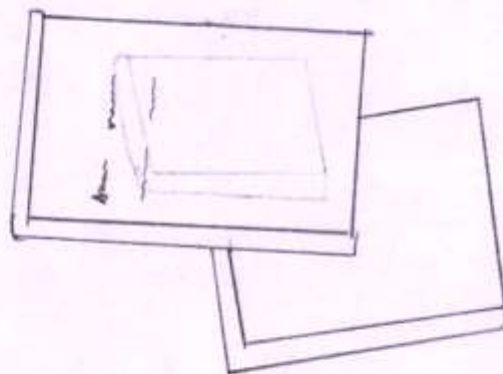
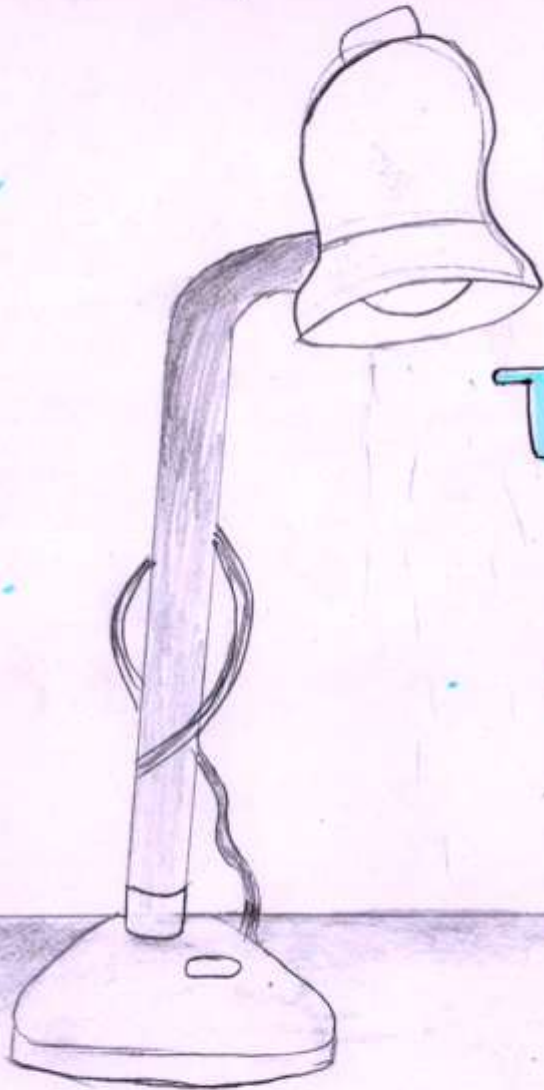
Jershni B
III-Topaz



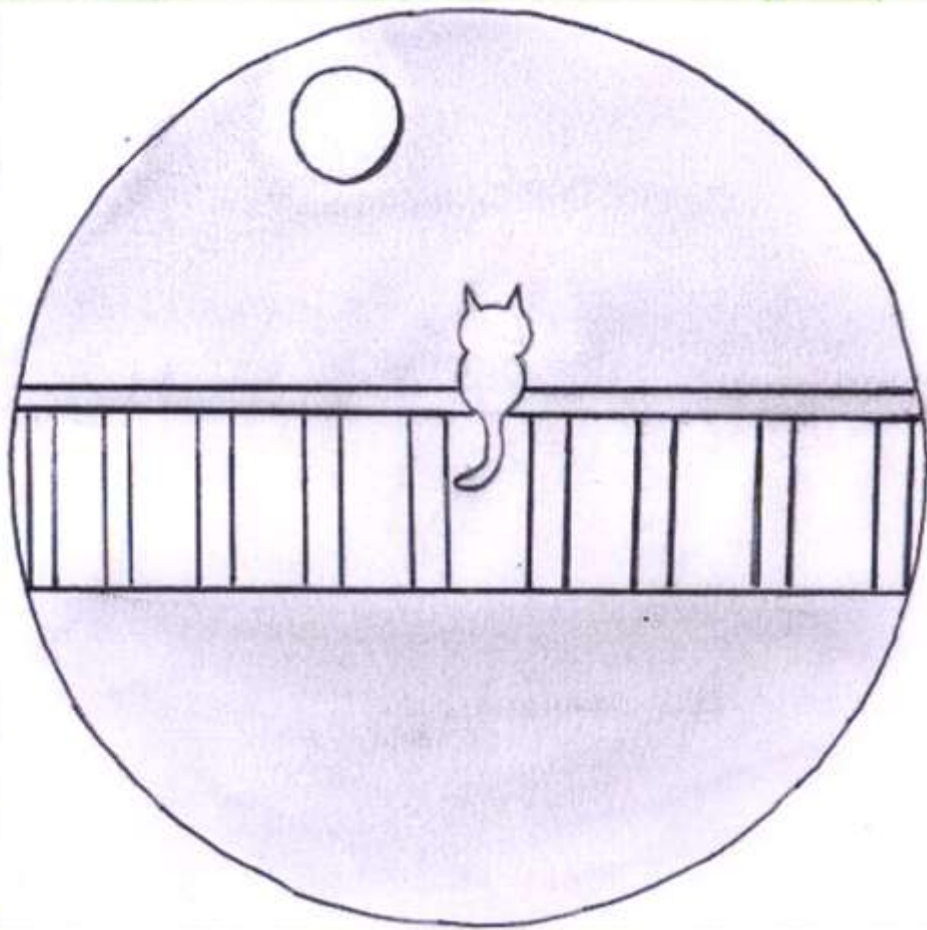
Riona A.R
VI-Topaz



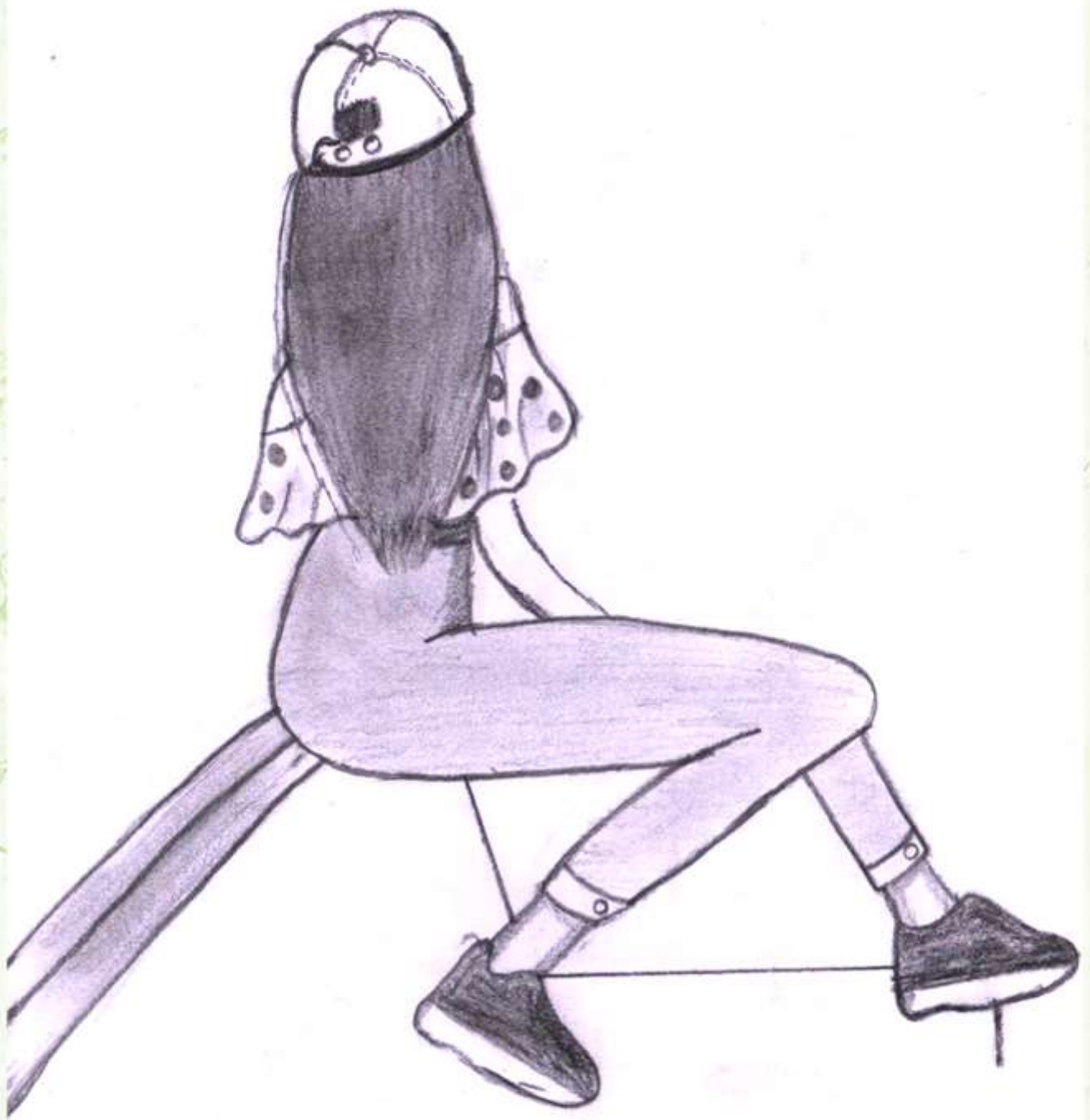
"CREATIVE
MINDS
THINK
ALIKE"



*Ann Angeleena P
VI-Topaz*



*Jibona Ditty. E.A
X-Ruby*



Rithvika R.I
X-Ruby

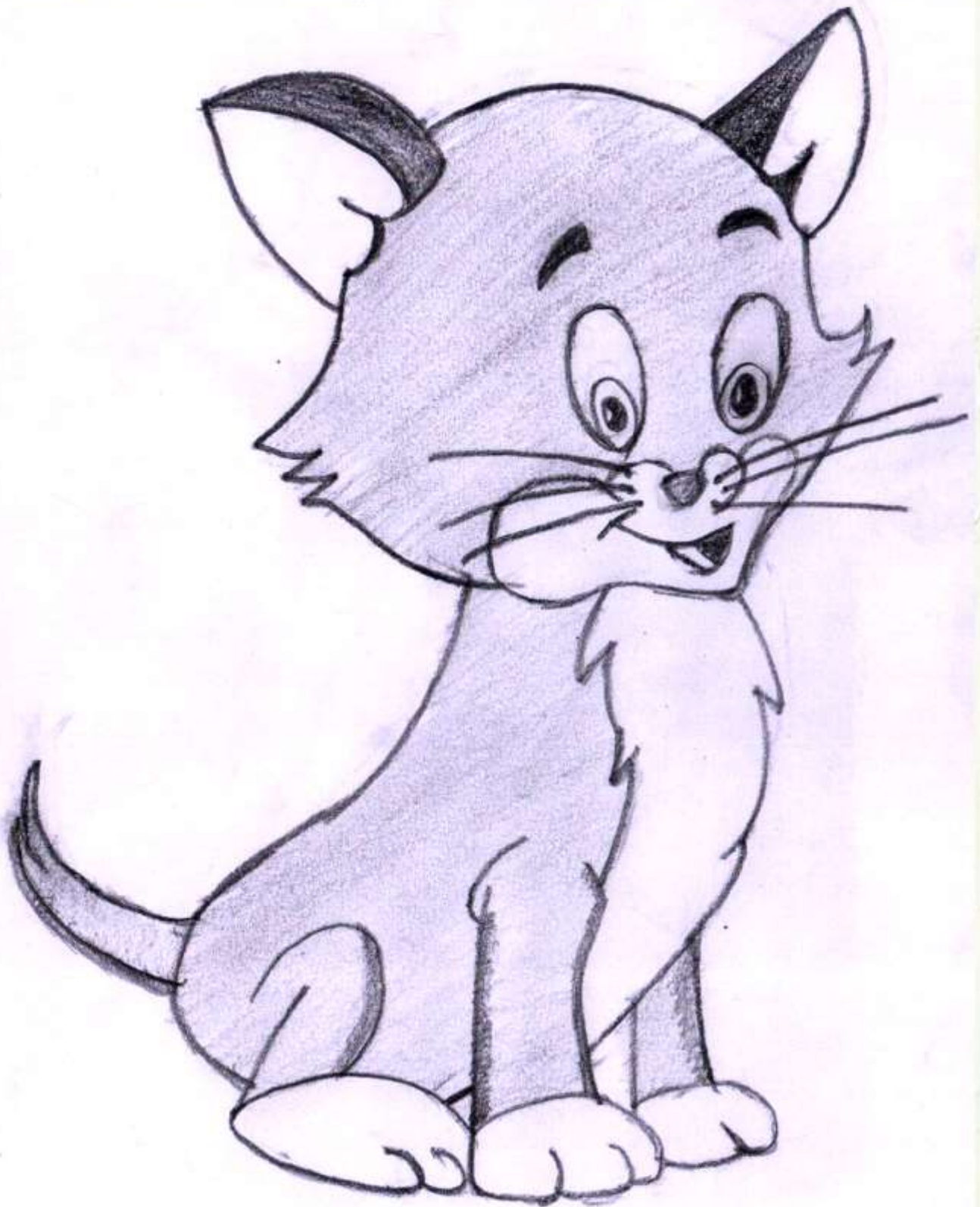




Amresh King S.U
IX-Sapphire



Aasiha A.S
X-Sapphire



Rithvika R.I
X-Ruby

KAKASHI NARUTO

*Darin Stejo S
VI-Jade*



*Bufalin Eifo. B
VI-Sapphire*

fluttershy

*Frena Febi J
VI-Jade*



KAKASHI HATE



*Jackques Kennedy B
VI-Jade*



Anushanth P.J
III-Jade



Godson Reo H.N
III-Jade



*Amshula S
VI-Jade*



*Josnah Jain J.A
VI-Jade*

Abiel Raj. R
VI-Jade

Spider - mar



Roshini M.V
VI-Jade

KG Activity

Beetroot printing



Watermelon day



Students Council Election



KG First Day and Parents Orientation

